

## HEALTHY MENU RESTAURANT ASSIGNMENT

Imagine that you are opening a new restaurant designed for teens. Your restaurant will have a menu offering healthy choices and be a cool hangout for teens to get their homework done. What does your restaurant look like?

You are responsible for the following:

**1. Develop a menu for your restaurant. Your menu must include the following:**

- At least four (4) options for supper meals (including appetizer, main course, dessert and drink)
- At least three (3) options for lunch (include main meal, dessert and drink)
- At least three (3) options for breakfast (include main meal and drink)

For each one of the meals you need to include:

- At least one serving from each of the four food groups
- Foods that are healthier choices... use your own knowledge to come up with this or seek the help of the teacher
- A brief paragraph for each choice to explain why it is healthy
- Appropriate prices

**2. Provide a birds-eye view of what your restaurant will look like:**

- How many tables and chairs are in your restaurant?
- Are there places for customers to hang out, like comfortable couches/chairs
- Is there a stage for people to perform?
- Don't forget about the washroom(s) and the kitchen!
- Be neat! Perhaps pencil crayons, pencil, etc. would be a good idea for this

This project will involve you doing some work to plan, research and create your restaurant's menu and design. You will also likely be spending some time on a computer to create your menu in a nice, creative way.

<b>MARKING:</b>		
Knowledge:	Canada's Food Guide; Paragraph Content	/15
Application:	Paragraphs; Use of Time; Completed Work	/15
Communication:	Spelling & Grammar; How clear is your work	/10
Thinking & Inquiry:	Restaurant Design; Creativity	/10
<b>TOTAL</b>		<b>/50</b>